



SOULCIT

THINGS YOU DIDN'T WANT TO
KNOW BUT I'M GOING TO TELL
YOU ANYWAY

NOVEMBER

WAS FOR NEWNESS



KARAOKE



NOMS



NUDES

& I GIVE UNSOLICITED ADVICE >



SKINCARE ADVICE

015 HOW TO AVOID
BUYING PRODUCTS
YOU DON'T NEED

ACTIVE INGREDIENTS ARE THE CHEMICALS
RESPONSIBLE FOR THE EFFECTS OF THE PRODUCT.

BASICALLY THIS WILL TELL YOU WHAT THE
PRODUCT WILL ACTUALLY DO FOR YOU AND WHERE
IT WILL FIT IN YOUR ROUTINE

ON MY THIS OR THAT

THIS OR THAT
ON INSTA STORIES
TUESDAY NIGHT'S

Wishlist



'MARGHERITA' TABLE & CHAIRS BY
GIUSEPPE RAIMONDI & UGO NESPOLO
FOR GUFAM, ITALY 1966

TRAVEL ADVICE

WET WIPES	[CURAD]
MASK	[AMAZON]
HAND SANITIZER	[PURELL]

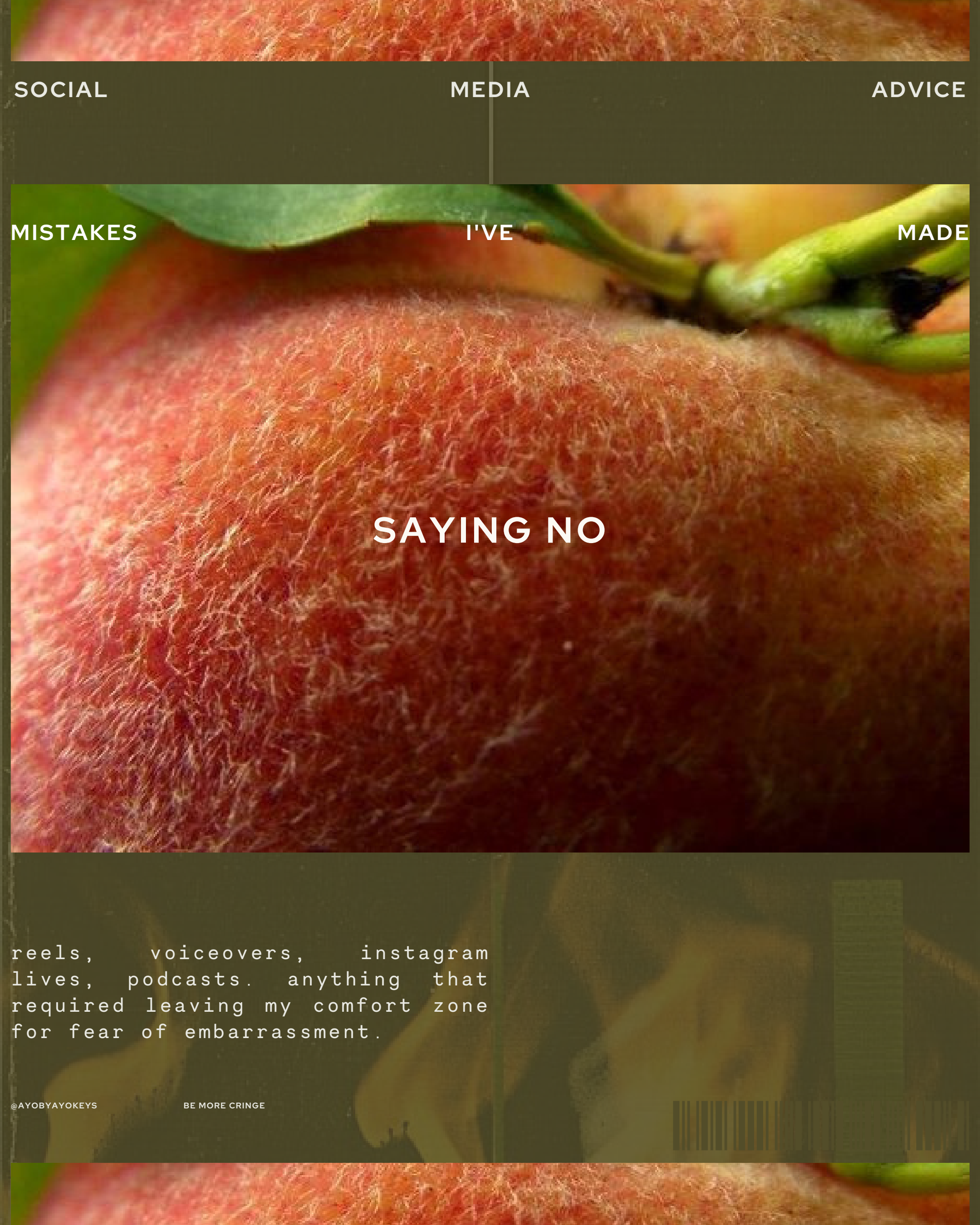


Wet Wipes

Mask

Hand Sanitizer

TRAVEL MUST HAVES



SOCIAL

MEDIA

ADVICE

MISTAKES

I'VE

MADE

SAYING NO

reels, voiceovers, instagram
lives, podcasts. anything that
required leaving my comfort zone
for fear of embarrassment.

@AYOBYAYOKEYS

BE MORE CRINGE





MENTAL HEALTH ADVICE

- 01 BOUNDARIES
- 02 ACTIVELY LISTEN
- 03 CURIOSITY
- 04 COLLABORATE

SET MEANINGFUL ONES
TO WHAT PEOPLE SAY
ABOUT THE WORLD
WITH OTHERS TO GROW

UNSOLICITED

CURRENTLY OBSESSED WITH

CURRENTLY OBSESSED WITH...



[@DISCOCUBES]

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