

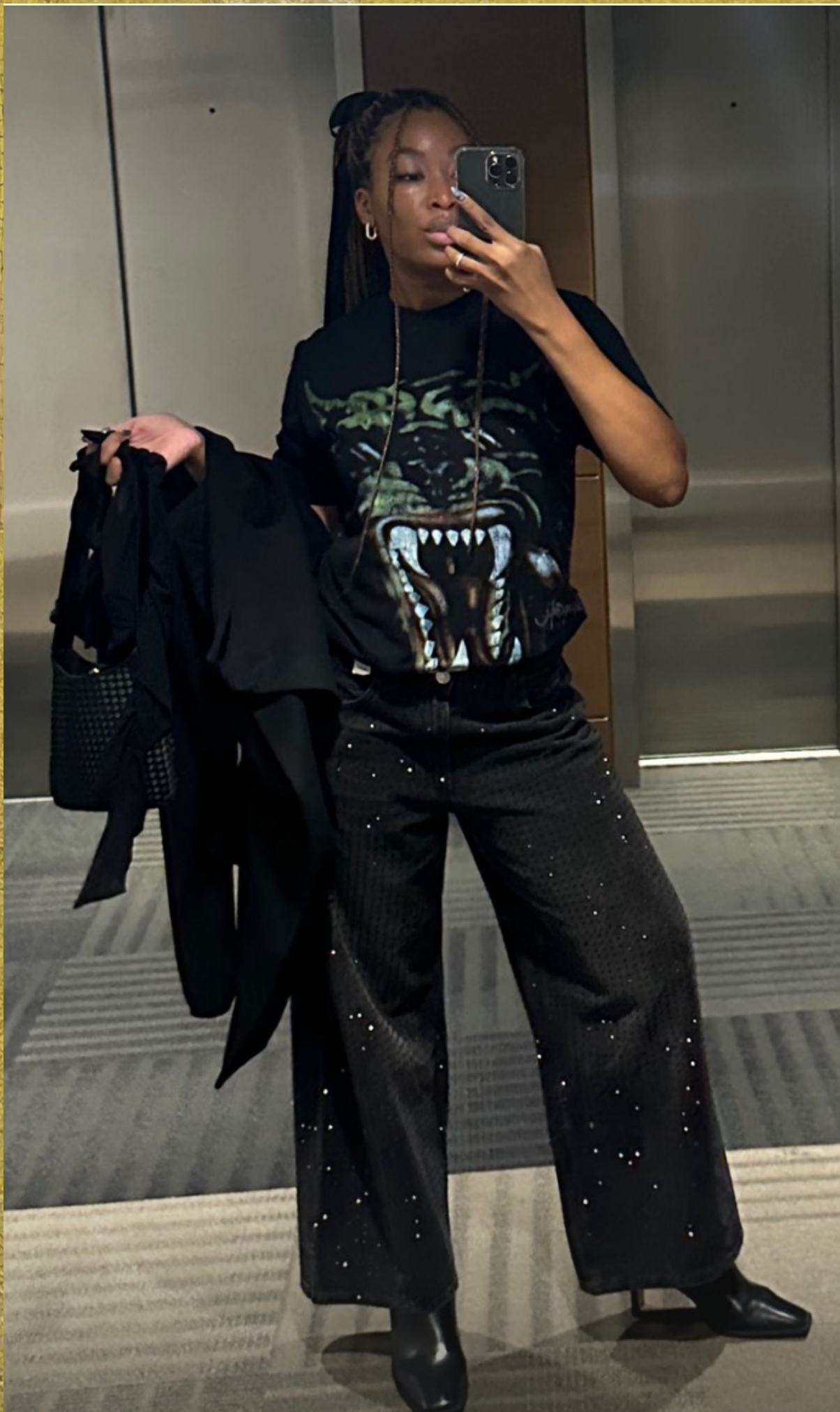


SOLICIT

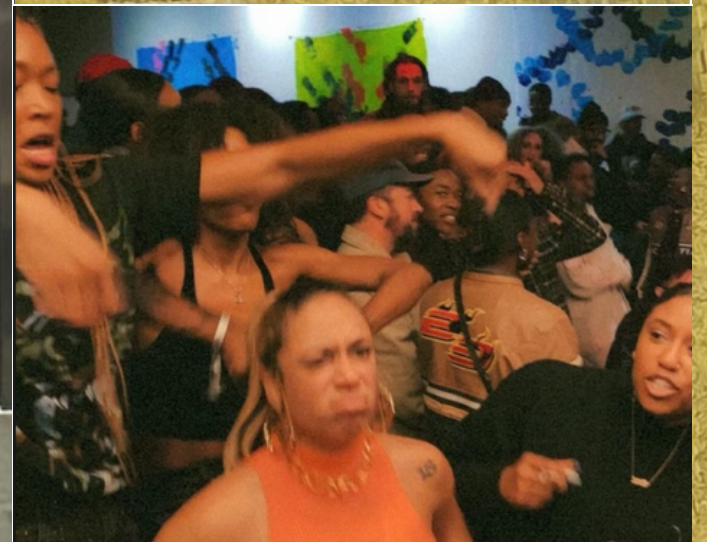
THINGS YOU DIDN'T WANT TO
KNOW BUT I'M GOING TO TELL
YOU ANYWAY

DECEMBER

WAS FOR DOING MY BEST



RED WINE



DIRTY DANCING



DRIVING THE BOAT

& I GIVE UNSOLICITED ADVICE >



SKINCARE ADVICE

WHEN IN DOUBT,
THROW IT OUT

IT GIVES YOU A RASH OR YOU BREAKOUT
THE PRODUCT HAS SEPARATED
THE TEXTURE HAS CHANGED
THE PRODUCT LOOKS CLOUDY
THERE ARE BLACK, GREEN, OR BLUE SPOTS
(THIS IS MOLD, THIS IS GROSS)

ON MY THIS OR THAT

THIS OR THAT
ON INSTA STORIES
TUESDAY NIGHT'S

wishlist



FRENCH MILITARY MESS PLATE
ORGANIZER - VINTAGE

TRAVEL ADVICE

- LENS PROTECTOR [AMAZON]
- PHONE WRISTLET [OSSANYC]
- LED LIGHT [AMAZON]



s Protector

Phone Wristlet

Led Lig

FAVORITE TRAVEL PHONE
GEAR

SOCIAL

MEDIA

ADVICE

MISTAKES

I'VE

MADE

DOWNPLAYING MY WORK



whether it was my day job or my hobby i always deflect compliments. instead of trying to rationalize why someone might be giving me a compliment i'm learning to simply say thank you.

@AYOBYAYOKEYS

BE MORE CRINGE





MENTAL HEALTH ADVICE

- 01 REST
- 02 NOURISH
- 03 PURSUE
- 04 COURAGE

REST WITHOUT APOLOGY
NOURISH YOUR BODY & MIND
PURSUE ACTIVITIES THAT BRING YOU JOY
HAVE THE COURAGE TO ASK FOR HELP

CURRENTLY OBSESSED WITH...



[@SHEENAROSEINC]



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