



# SOLICIT

THINGS YOU DIDN'T WANT TO  
KNOW BUT I'M GOING TO TELL  
YOU ANYWAY

# SEPTEMBER

WAS FOR VISIONS



VIEWS



VINO



VIBES

& I GIVE UNSOLICITED ADVICE >



## SKINCARE ADVICE

### 007 WHY EXPIRATION DATES MATTERS

AN EXPIRATION DATE OR SHELF  
LIFE DATE WILL TELL YOU THE  
AMOUNT OF TIME IT TAKES A  
PRODUCT TO STOP PERFORMING AS  
ADVERTISED.

THIS OR THAT  
ON INSTA STORIES  
TUESDAY NIGHT'S

ON MY THIS OR THAT

*wishlist*



CAMALEONDA SOFA

TRAVEL ADVICE

SPF [BLACK GIRL SUNSCREEN]  
BODY WASH [NECESSAIRE]  
BUTTER [PALMER'S]

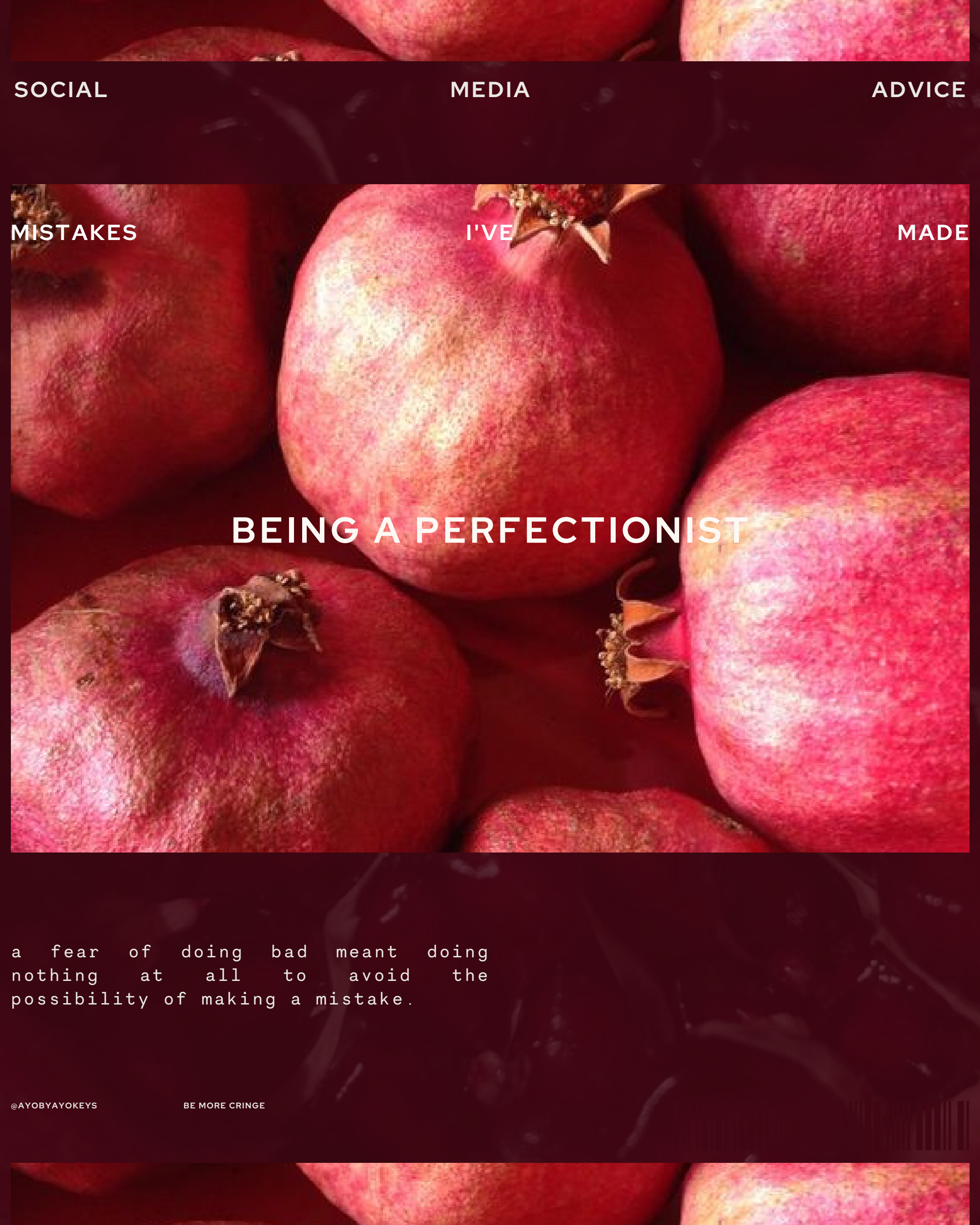


*SPF*

*Body Wash*

*Butter*

FAVORITE TRAVEL  
BODYCARE



SOCIAL

MEDIA

ADVICE

MISTAKES

I'VE

MADE

# BEING A PERFECTIONIST

a fear of doing bad meant doing  
nothing at all to avoid the  
possibility of making a mistake.



# MENTAL HEALTH ADVICE

- 01 RIGID
- 02 FIRM
- 03 FLUID
- 04 SOFT

TYPES OF BOUNDARIES TO SET THIS WEEK

UNSOLICITED

CURRENTLY OBSESSED WITH

# CURRENTLY OBSESSED WITH...



[@LEAMESTRES]





@AYOBYAYOKEYS

AYOKEYSSTUDIO@GMAIL.COM

WWW.AYOKEYS.COM